

# Moab Montessori News

March 2026

*Building the Foundation for a Lifetime of Learning*



## Calendar Items

- Parent Teacher Conferences  
March 2<sup>nd</sup> – 6<sup>th</sup>
- Spring Break – No School  
March 30<sup>th</sup> – April 3<sup>rd</sup>
- Last day of school – May 22<sup>nd</sup>

## Toddler Class

This month we will be learning about all things Spring! We will be going on nature walks to explore different types of soil, see what insects are starting to stir about, and use our senses to experience the continuously changing world around us! We will study caterpillars, the life cycle of a butterfly, and the process of metamorphosis. Color, creativity, and food will also be an underlying theme this month as we read and study several books by renowned author, Eric Carle. We will also focus on speech and language as well as beginning handwriting skills by using work lessons that allow us to practice letter sounds, letter tracing, object identification, cutting, stamping, stencil work, and separating words using syllables.

*“Growth is not merely an increase in size, but a transformation.”*

*~Maria Montessori*



## March Snack Menu

	Morning Snack	After School Snack
Monday	Yogurt, granola, fresh berries	Almond butter, banana & honey sandwiches, carrot sticks
Tuesday	Hummus, mini pickles, baby carrots, crackers	Cheese, crackers, salami, fresh veggie
Wednesday	Chips & salsa, pinto beans, guacamole	Ham & cheese roll ups, pretzels, fresh fruit
Thursday	Build your own salad: greens, garbanzos, raisins, cucumbers, almonds, croutons, dressing	Sunbutter and graham cracker sandwiches, fresh fruit
Friday	Pizza! Sauce, pepperoni, peppers, olives, cheese	Bagels with cream cheese, fresh fruit

## Primary Class

March will be another fun month in the primary class! This month, we will celebrate St. Patrick's Day on Tuesday the 17<sup>th</sup> by wearing green, of course. We will also be serving a special snack that is entirely green!

This month in Science, we will be studying birds. We will look at several examples of different kinds of birds and learn about their characteristics, habitats, and life cycles. In botany, we will be studying the fruit of plants. We will learn about the role they play in the plant life cycle, the unique characteristics of some different fruits, and of course have the chance to taste some interesting fruits as well.

This month in Social Studies, we will be studying the amazing continent of Asia including the flora and fauna found there. We will also learn about some aspects of Asian culture including the food, art, and some of the languages spoken there.

In our Peace curriculum, we will continue our study of our circles of self-awareness, first learning about our five senses and the messages they give us. We will then focus on the mind, and our ability to make positive or negative choices, and to use our minds to imagine and concentrate. We will also be working through a new series of movement lessons on object control, such as rolling, throwing and kicking.

The children are growing so much and we are excited to welcome spring with lots more fun and learning!