

Moab Montessori News

May 2025

Building the Foundation for a Lifetime of Learning



Calendar Items

- End of Year Celebration:
Fri. May 23rd 10:30-11:30
Parents Invited!
- Last day of school – May 23rd
All students pick up at 11:30
- Summer Camp begins –
Monday, June 2nd

Toddler Class

This month we will explore different movement activities and games that allow us to be expressive and get our Spring energy flowing. We will focus on peaceful techniques that help keep us calm and centered through deep breathing exercises, stretching, and repeating daily positive affirmations to encourage self-care. This month we will focus on farm life, learning about the different animals, machinery, and food that come from farms. We will also spend time exploring water play, creating art, and using different sensory work to stimulate our senses!



May Snack Menu

	Morning Snack	After School Snack
Monday	String cheese, crackers, mixed nuts, fresh fruit or veggie	Bagels with cream cheese and fresh fruit
Tuesday	Build your own trail mix: (almonds, rice Chex, raisins, walnuts, craisins), fresh fruit	Turkey & cheese roll-up, pretzels, fresh veggie
Wednesday	Almond butter and jam on whole wheat, tangerines	Tortilla chips, string cheese, salsa, avocado
Thursday	Charcuterie board: cheese, turkey, olives, baby pickles, rice crackers, tomatoes, cucumbers	Almond butter, graham crackers, fresh fruit
Friday	Pizza! Sauce, pepperoni, peppers, black olives, cheese	Hummus, crackers, cheese, fresh veggies

Primary Class

It's time to celebrate all that has been accomplished this year! Each child has realized multiple milestones this year. I am exceptionally proud of their social-emotional development and their growing ability to regulate emotions and reflect on behaviors. We will review and celebrate all we've learned in the coming weeks.

We'll continue to go to the creek on Wednesday mornings to apply experiential learning to our in-class lessons which will include insects, amphibians and stream ecology. We will continue to learn about environmental scientists and wrap the year up being inspired by youth artists, writers, thinkers and musicians.

We look forward to the last day of school celebrations and can't wait to see you there!