

Moab Montessori News

February 2026

Building the Foundation for a Lifetime of Learning



Calendar Items

- Feb 16th – No School
President's Day
- Parent Teacher Conferences
Mar 2nd – Mar 6th
- Mar 30th – Apr 3rd
No School - Spring Break

Toddler Class

Love is in the air! This month we will spend time engaging in random acts of kindness like picking trash up on nature walks and creating art for each other. We will study the life cycle of a flower as well as learn about personal hygiene such as brushing our teeth and hair and washing our hands. We will celebrate Valentine's Day on Friday the 13th with a small card/craft exchange and dance party! Pink, red, white, or purple clothing is encouraged!

*Love and the hope of it
are not things one can
learn; they are part of
life's heritage.*

-Maria Montessori



February Snack Menu

	Morning Snack	After School Snack
Monday	Bagels with cream cheese and fresh fruit	Almond butter & graham crackers, fresh fruit
Tuesday	Cheese, crackers, summer sausage, fresh carrots, mini pickles	Yogurt & granola cups, fresh berries
Wednesday	Blue corn chips, black beans, salsa, guacamole	Ham & cheese rollups, pretzels, fresh veggie
Thursday	Sun butter & jam mini sandwiches, tangerines	Trail mix (Rice Chex, nuts, seeds, raisins), fresh fruit
Friday	Pizza! Sauce, pepperoni, peppers, black olives, cheese	Roasted cashews, crackers, fresh fruit and veggie

Primary Class

We have a fun month coming up in the primary class! The children are all looking forward to Valentine's Day which we will celebrate with lots of Valentine themed work available for them in the classroom. On Friday the 13th, we will exchange Valentines with each other at our morning circle and children are encouraged to wear pink and red to help us celebrate! Look for an email from Ms. Jessica coming soon with more details.

In addition to all the Valentine fun, we will be learning about reptiles, the next group of animals in our Science studies. Also in Science, we'll begin learning about flowers, focusing on the beautiful rose as we celebrate this time of year. For our continent study, we will begin studying Europe. We'll learn where this continent is, and about the people, plants, animals, buildings, schools, and food that can be found there.

In Art, we will be studying the famous French painter, Claude Monet. We will learn about his life and how he loved painting scenes in nature and how he also loved painting roses. During our Peace lessons we will continue learning about our "circles of self-awareness". We will be focusing on the body this month with lessons on breath awareness, muscle awareness, and understanding our spinal column and its functions. Our movement lessons will complement this theme as we have lessons on stability, balance, and flexibility.

We are excited for a month of love! What a perfect opportunity to review and practice our skills in grace and courtesy as our classroom community continues to grow and learn together.