

Moab Montessori News

January 2026

Building the Foundation for a Lifetime of Learning



Calendar Items:

- Jan 19th – No School
MLK Day
- Feb 16th – No School
President's Day
- Mar 2nd – 6th
Parent Teacher Conferences
- Mar 30th – Apr 3rd
No School - Spring Break

January Snack Menu

	Morning Snack	After School Snack
Monday	Build your own trail mix (Rice Chex, nuts, seeds, raisins), fresh fruit	Cheese and crackers, fresh veggies
Tuesday	Yogurt, granola, fresh berries	Tortilla chips, salsa, string cheese
Wednesday	Pretzels, hummus, cheese, fresh veggies	Turkey & cheese roll-up, crackers, fresh veggie
Thursday	Tortilla chips, salsa, guacamole, pinto beans	Bagels and cream cheese, fresh fruit
Friday	Pizza! Sauce, cheese, black olives, peppers, pepperoni	Almond or sun butter, graham crackers, fresh fruit

Toddler Class

Happy New Year! During the first couple of weeks, we will spend time adjusting back to our daily routines and practices while settling in to our classroom environment. We will then move into studying the Solar System, learning about the different planets and identifying that we live on planet Earth. We will spend time learning about different types of rocks as well as crystals and geodes! Lastly, we will learn about the incredible Martin Luther King Jr. and his positive influence during the Civil Rights movement. Focusing on personal freedoms, equality for all mankind, kindness, and compassion.

Primary Class

Happy new year from the primary class! We are looking forward to a wonderful month of learning together.

In Science, we will be learning about the stems of plants and how they help plants get the nutrients they need. We will also do a special science experiment to help us see how stems work. In our study of animals, we will focus on amphibians, their characteristics, and their habitats.

In Social Studies, we will continue our continent studies as we begin focusing on South America. We'll learn where this continent is, and about the people, plants, animals, buildings, schools, and food that can be found there.

During our Peace lessons this month, we will introduce the "Circles of Self Awareness" which will aid the children's understanding of the four aspects of themselves: body, mind, emotions and spirit. We will also study a very important historical peacemaker: Dr. Maria Montessori. We will learn about her amazing life and what led her to develop the methods we use in our classroom today.

In Movement, we will be practicing the locomotor movements gallop and slide, and then we will start learning how to skip!

We will be starting the "Little Big Chats" series on Jan 7th. This is a twelve-week series of lessons presented by educators from Seekhaven concerning body safety awareness. They will come for about an hour on Wednesday mornings at 9:00 for these lessons and related activities. More information will be provided in a separate email.

We are excited to welcome the children back to school and looking forward to a great month!

"Within the child lies the fate of the future." ~Maria Montessori



Wishing you all the best in 2026!