Moab Montessori News

November 2026

Building the Foundation for a Lifetime of Learning



Calendar Items:

- Nov. 23rd – 27th Thanksgiving Holiday – No School
- Dec. 21st – Jan. 1st Winter Break – No School

Toddler Class

Throughout the month, we will explore what it means to be thankful and practice expressing gratitude for the people, places, and things that make our lives special. We will also work on developing social-emotional skills by learning about personal space, personal awareness, and respecting our friends' bodies and boundaries. We will explore the beauty of the fall harvest through pumpkins, apples, gourds, colorful leaves, and other seasonal treasures. We will introduce healthy foods and talk about how different foods help our bodies grow strong. Through food exploration, sensory activities, and fun conversations. Lastly, we will introduce age-appropriate learning experiences that recognize and celebrate Native American heritage, cultures, traditions, and contributions. Through stories, art, music, and respectful exploration, we will encourage curiosity and appreciation for the diverse communities and histories around us.



November Snack Menu

	Morning Snack	After School Snack
Monday	Yogurt, granola, fresh berries	Cashews, pretzels, fresh fruit or veggie
Tuesday	Charcuterie board: cheese, olives, baby pickles, rice crackers, tomatoes	Hummus, crackers, string cheese, fresh veggies
Wednesday	Tortilla chips, salsa, pinto beans, guacamole	Bagel, cream cheese, fresh fruit
Thursday	Almond butter and jam on whole wheat, fresh fruit	Tortilla chips, salsa, black beans
Friday	Pizza! Sauce, cheese, black olives, peppers, pepperoni	Sun butter, graham crackers, fresh fruit

Primary Class

We are looking forward to lots of fun new lessons this month! In Science, we will begin our study of Botany starting with an overview of all the parts of the plant, then begin focusing specifically on leaves and how they help the plant. We will also learn about and explore the changing color of the leaves that we see.

In Social Studies, we will start by learning the cardinal directions. Then we will dive into our continent studies, starting with North America. This month, we'll practice the North America puzzle map and learn about the flags that represent some of the major countries. We will also discuss the origination of the Thanksgiving holiday and how it ties to the settlers and native people of our continent.

In Movement this month, we will focus on smooth, balanced walking with the introduction of some new movement lessons to practice!

During our Peace lessons, we will learn and practice kind ways to solve problems that we might face with others as we play the "Peaceful Choices Game". We will also meet a new Slumberkins character who will help us practice teamwork. Finally, we will learn about gratitude, focusing on what it means to be grateful and all that we have to be thankful for.

We are excited to welcome the month of November!